

Intimacy + Relationship Coaching in Your Pocket

for humans who want to experience mature intimate relationships

FACT SHEET

I appreciate your interest in working with me. I put together this fact sheet to answer some of the questions you may have about how my coaching sessions work.

We'll be exchanging messages back and forth on Voxer, so you can keep living your life while we work together to improve your relationships.

My coaching style is conversational + supportive. I provide a safe space for you to fully express yourself while giving practical advice and a doable game plan to help you make *shift* happen.

While there are several exercises that I take most clients through, every coaching experience is as unique as you are. Our exploration will be tailored to your specific needs and desires.

When we work together through Voxer the conversation will flow back and forth on and off between us anytime day or night. This allows us to delve into whatever is keeping you stuck...while also providing you with support, guidance, and action steps to get you back on track.

HOW IT WORKS

Step 1. Purchase coaching package.

Step 2. If this is your first round of coaching with me, you will receive a copy of the coaching agreement (via DocHub) that outlines all the legalese

Step 3. Head over to **Voxer** and start your first official conversation with me. I'll be waiting!

FINE PRINT

Coaching is not psychotherapy, counseling, or any other type of therapy and is not a substitute for these services. If you feel the need for professional counseling or therapy, it is your responsibility to seek a licensed professional who can provide these services. If I believe that such services would be valuable to you, I will recommend them.

If you are in a harmful situation or have thoughts about self-harm, please immediately get in touch with a trained professional. Here is a [list of phone numbers](#) that might be helpful.

POLICIES & PROCEDURES

PAYMENTS

Payments can be made through Stripe with Visa, Mastercard, or American Express.

Monthly coaching payments are charged on a recurrent basis on the same day of the month. You can cancel at any time.

PRIVACY POLICY

All coaching discussions are strictly confidential. No client information will be divulged without written permission from the Client unless required to do so by law.

If you choose to share your coaching experience with other people, you are free to do so. You determine the level and scope of your personal confidentiality.

REFUND POLICY

Monthly coaching fees are non-refundable. Exceptions can be made to support individual needs.

I believe in love and the transformative power of intimacy. I also believe that vulnerability is our most valuable resource and that communication is everyone's superpower (most of us just don't know it yet).

Relationship-ing is the one thing I want to master in this lifetime. And I am committed to helping you create and experience mature, healthy, fulfilling relationships.

If I missed anything or if you have any additional questions, please don't hesitate to reach out.

Best,

Stacey

The

Equality
Project