

staceyherrera.com



Stacey Herrera

The Sensuality Project

Media Kit



@staceynherrera



The Sensuality Project

Intimacy & REALationship Coaching

About Stacey

Stacey Herrera is an Intimacy & REALationship coach, writer, and creator of The Sensuality Project, a lifestyle movement for 40+ singles and couples who want to improve their sex lives and have mature intimate relationships.



Get in touch



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smarturl.it/TSPPodcast



[@StaceyHerrera](https://www.instagram.com/StaceyHerrera)

Featured in:



Stacey Herrera

loves having shame-free conversations about subjects that should be shameless, because after all "life is sexually transmitted!"

In Stacey's world, relationship-ing is about more than finding a right-fit partner and living happily ever after. Relationships inform the way we do business and how we treat our neighbors. It's about family — born and chosen. Because how you relate to the people around you can mean the difference between survival and fulfillment.

She believes that relationships are essential to our species' survival - like food, air, and water. This is why her mission is to help people get really good at relating to one another. It's not just about creating happiness in our personal lives - it's about creating peace and unity for the entire human race.

Stacey shines when she is teaching others how to explore their muchness. She knows a little about a lot of things but has become an expert in relationships of all kinds, dating, sensuality, intimacy, and the sexy stuff.

Stacey is highly intuitive and very insightful. She's the perfect blend of compassion and hey-girl-hey! Wisdom and "truth bombs" spill from her lips on a regular and her laugh is highly contagious.

The crux of her work is simple... STAY IN THE ROOM.

She can work with you (or your team) and/or speak on topics related to:

- Productive Communication
- Conflict Resolution
- Intimacy & Connection
- Relationship Styles (Marriage, Monogamy, Polyamory, etc.)
- Love & Dating
- Asking & Receiving

What they say



Sensuality
makes life delicious!

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I felt very called to talk to Stacey, not for any particular reason, I'm a fairly shy person, and I don't love to talk about my sex life, but what she uncovered was amazing. I've been feeling very lost creatively, and as someone who makes a living through their art, it has been frustrating. Stacey, helped me discover that I stopped approaching my job with a child like innocence and started treating it as a way to pay the bills, and she helped me shift the energy. She also gave me a powerful womb meditation, which awoke the goddess within me, it was so powerful...

- Jo F.

Since talking with Stacey, I have released some self-limiting beliefs I carried around in my head, and this has enabled me to move forward fiercely and audaciously! Stacey has a wonderful way of seeing that which we struggle to see in ourselves and hold the mirror up so we can experience it as well. She's insightful and brilliant, and funny and passionate about helping you be the best possible version of yourself. She was born to do this work and she is amazing!

- Laura C.

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